Mission of the UST Insights Mentoring Program:
Sponsored by the staffs of the Career Services Center and the Office of Alumni Relations, the mission of UST Insights is to create a forum for students to gain knowledge about careers and industries by pairing them with UST alumni who will provide the benefit of their professional experience and insight.

Student Benefits of the Program:
Students will develop a network of resources that will help them achieve their career goals. Students will learn about career development and have your career questions answered. They may also have the opportunity to attend professional meetings and job shadow, in addition to learning about industry trends, the hidden job market, the power of networking, interviewing strategies, plus much more!

Program Overview:
Mentors and students are encouraged to meet at least once per month throughout the spring semester. There will be five scheduled opportunities on campus for the cohort to meet as a group to encourage networking amongst all participants and to give opportunity for students and mentors to meet in person.

Meeting Dates:
January 9, 6:00 PM – "Meet Your Mentor" event – attendance by all participants is REQUIRED
February 27, 5:30 PM – Etiquette Dinner and Networking Night – attendance is strongly recommended
March 24, 6:00 PM – Speed Networking Event – attendance is strongly recommended
April 15, 6:00 PM – "Shared Insights" event at Canopy – attendance by all participants is REQUIRED

Mark your calendar for each of these events. Meeting attendance and staying connected with your mentor outside of meetings is vital to your success in the *USTinsights* Mentoring program.

Who can Apply:
- All majors are encouraged to apply.
- Must be enrolled during both the fall 2013 and spring 2014 semesters.
- Must be on track to graduate in May, August, or December 2014.

Application Deadline:
All applications must be received in the Career Services Center (2nd Floor of Crooker Center) by noon, November 15, 2013.

If you have questions about the program, your application, or other services offered by the Career Services Center, call 713-525-3160, email career.services@stthom.edu, or visit www.CeltCareers.com.

UST insights
ALUMNI MENTORING STUDENTS

A Program Designed To Provide Career Insight for UST Students by UST Alumni

Student Application

Name: _____ Student ID #: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

Gender: ___ Female ___ Male Date of Birth: _____

Hobbies/Interests: _____

_____

I prefer a ____ Male Mentor ____ Female Mentor ____ No Preference

Is there any other information you would want us to consider when matching you with your mentor? _____

_____

To be eligible for the Insights Program, you must meet the following requirements.

- Enrolled in classes at UST in both the fall 2013 and spring 2014 semesters.
- On track to graduate in May, August, or December 2014.
- All majors welcome to apply.

Major: _____ GPA: _____

Minor: _____ Graduation Date: _____

Degree: _____

Anticipated Career Path: _____

To apply for UST Insights, submit the following information to the Career Services office by **noon, November 15, 2013.**

- ☐ Completed Application Form
- ☐ Spring 2014 Class Schedule
- ☐ Unofficial Transcript
- ☐ Resume
- ☐ A typed statement – 1 page or less – regarding why you want to be chosen for the Insights Program and your career goals. If you are selected for the program, this statement will be shared with your mentor.

Please complete and return form to Career Services, 2nd Floor Crooker Center.