

UNIVERSITY OF
ST. THOMAS
STUDENT - ATHLETE HANDBOOK



MESSAGE FROM THE ATHLETIC DIRECTOR

Dear University St. Thomas Student Athlete:

Welcome to the University of St. Thomas intercollegiate athletics program. You have chosen to attend one of the top universities in the nation.

There are many opportunities for you to succeed. You will find that one of the things that make St. Thomas special is the dedicated team of faculty and staff who are committed to seeing you reach your academic and athletic goals. It is our expectation that you act in a responsible manner and be accountable for all your actions. Please take the time to read the contents of this handbook. This code of conduct is intended to provide guidelines for the establishment of standards of conduct for student-athletes who are participating in intercollegiate athletics at the University of St. Thomas.

This code does not cover every ethical question or every possible situation that may arise. However, good faith and common sense should govern decision-making processes and ethical behavior should prevail. Your own personal integrity and good judgment are essential for proper conduct becoming of a member of this athletic department and a student of this university. The athletic department reserves the right to enforce any penalties consistent with the policies and procedures outlined in the student handbook for those student-athletes who do not take responsibility and ownership of the “Celt Code of Conduct.” All athletes have a responsibility to give their best, follow training guidelines, and exhibit good conduct at all times so as to be a credit to not only their program but to their university. Athletes, as well as coaches, are always on display. Our actions in everyday life, both private and public, are a direct reflection on this athletic program and our university.

Remember all UST student athletes must sign a knowledge and consent form located in the back of the handbook.

Again, we are glad you have chosen the University of St. Thomas and we are here for you. If anyone on our athletic staff can assist you, please feel free to contact us.

Sincerely,

Todd Smith
Director of Athletics

MISSION STATEMENT

The Department of Athletics at the University of St. Thomas is committed to creating a first-class environment by recruiting, developing and retaining outstanding student-athletes who will maximize their potential intellectually and athletically during their time at St. Thomas. Our student-athletes will graduate prepared to be positive contributors and leaders to the communities they join. Instilled with the core values of the University – goodness, discipline, knowledge and community – our student-athletes will think critically, communicate effectively, succeed professionally and lead ethically. We are dedicated to providing the resources and leadership necessary for our student-athletes to succeed on the playing fields and in the classrooms, while meeting the standards put forth for each individual student at the University of St. Thomas.

All students enrolled at the University of St. Thomas (UST), including students who are distance learners or attending off-campus sites, have access to support services.

VISION STATEMENT

We will become a nationally competitive athletic program that is recognized as one of the elite NAIA schools in the country while adhering to the Athletic and University Mission Statements

CONFERENCE AND NATIONAL AFFILIATIONS

The University of St. Thomas competes at the Division I level of the National Association of Intercollegiate Athletics (NAIA) and is a member of the Red River Athletic Conference.

St. Thomas offers competition in the following sports:

Men

Soccer (Fall)
Basketball (Winter)
Golf (Spring)

Women

Volleyball (Fall)
Soccer (Fall)
Basketball (Winter)
Golf (Spring)

STUDENT ATHLETE CELT CODE OF CONDUCT

This code of conduct is intended to provide guidelines for the establishment of standards of conduct for student-athletes who are participating in intercollegiate athletics at the University of St. Thomas. This code does not cover every ethical question or every possible situation that may arise. However, good faith and common sense should govern decision-making processes and ethical behavior should prevail. Your own personal integrity and good judgment are essential for proper conduct becoming of a member of this athletic department and a student of this university. The athletic department reserves the right to impose any penalties or disciplinary actions for those student-athletes who do not take responsibility and ownership of the “Celt Code of Conduct.”

1. Student-athletes share a commitment that all student-athletes are held accountable to a higher standard. The focus is that each athlete is a role model and a leader among their peers in their attitudes and behavior both on and off the playing field. The commitment to excellence requires a standard beyond tolerable acceptance to achieve leadership.
2. Student-athletes shall exhibit a serious commitment to the academic mission of their university and their academic endeavors. The first obligation of every athlete at St. Thomas is to meet all academic responsibilities and to accept responsibility for all required class work.
3. Student-athletes shall behave in a manner that exemplifies honesty and sportsmanship at all times in order to represent the honor and dignity of fair play expected of UST student-athletes and exhibits the NAIA’s five core principles of integrity, respect, responsibility, sportsmanship, and servant leadership.
4. Student-athletes should promote good sportsmanship at all times in practice and in competition. Respect for self, teammates, coaches, administrators, officials and opponents is to be shown. Athletes are to refrain from disrespectful conduct including verbal abuse, profane or belligerent “trash talking”, taunting and unseemly celebrations.
5. Student-athletes are not to consume or possess alcoholic beverages at any time or place while they are in the charge of the coaching staff. This includes from the first official day of practice until the end of the sport season. The consumption of alcohol by underage (under the age of 21) student-athletes is prohibited by state law. Student-athletes who are of legal age are to refrain from drinking during the season, university banquets and recruiting visits. Student-athletes are strongly encouraged to refrain from drinking alcohol in any form at any time. **NEVER DRINK AND DRIVE; NEVER GET INTO A VEHICLE WITH A DRIVER WHO HAS BEEN DRINKING, AND/OR NEVER LET A PERSON WHO HAS BEEN DRINKING DRIVE!**
6. Student-athletes who encourage the use of alcohol by hosting parties in their residence hall, apartment or house while they are in the charge of the coaching staff are liable to sanction. All athletes who reside in such domiciles may be considered hosts and liable to sanction.
7. Student-athletes should understand that “hazing” is an act that endangers the mental and physical health and/or safety of a fellow student or teammate. Athletes must be committed not to participate in nor encourage such activities. Hazing of any kind will not be tolerated.
8. Student-athletes should embrace proper rest and nutrition. Careful attention should be paid to diet. While late hours unrelated to academic pursuits are not acceptable.
9. Student-athletes should be prompt for practices, meetings, team departures and other team or department events as a matter of courtesy to all others concerned. Attendance at all team functions is mandatory. An athlete must be excused by a member of the staff in advance of a team function.
10. Student-athletes are to refrain from using chewing tobacco, dipping or smoking at any time or place while in the charge of the coaching staff. Additionally, student-athletes should not engage in these activities anywhere on the campus.
11. Student-athletes, who possess, distribute or use illegal drugs are subject to the policies and procedures as set forth in the “Drug Use and Testing Policy” section of this handbook.
12. Student-athletes must realize that personal and team morale are vital ingredients to success. Every athlete is expected to be a positive influence in achieving team goals. The goals of the team are to be placed above all else. If individual differences work against the spirit of cooperation, every effort should be made by the individual and/or team members to create an atmosphere of **TEAMWORK!**

TITLE IX

The law requires that universities maintain programs, policies and procedures that do not discriminate against anyone on the basis of gender. Both men and women must receive fair and equal treatment in all areas of operations within universities. This would include areas such as recruitment and admission, all educational programs, counseling, financial aid, employment/placement assistance, housing, benefits, and athletics.

HARASSMENT

In accordance with Title IX and the University of St. Thomas policies and mission, the Department of Athletics will not tolerate any sexual, racial, or gender harassment or any other form of harassment, including bullying and sexual assault. Harassment is discussed in the Code of Student Conduct, Section 17 and 18, found online and in the Student Handbook. Student-athletes will be held to the highest standards of compliance in this area. This policy extends to the competition arena and any negative verbal or nonverbal action will not be tolerated.

* Penalties/Sanctions: Violation of these policies may result in reprimand, required counseling, suspension for a specific period, indefinite suspension or dismissal from the athletic program.

ELIGIBILITY

According to the NAIA, entering freshmen must meet two of the following three criteria:

1. Achieve a minimum of 18 on the Enhanced ACT or 860 on the SAT
2. Have a minimum of a 2.0 high school grade point average
3. Have graduated in the top half of the high school graduating class

- Each athlete must register and carry a minimum of 12 hours for the fall and spring semesters and be enrolled as a full time day student. There may be an occasion where a “night” class may be taken. Student-athletes must check with their coaches before scheduling such classes. IMPORTANT: Dropping below 12 hours will automatically render you ineligible for that particular semester and result in the possible forfeiture of games!
- All student-athletes must have passed 24 hours in the previous two semesters in order to be eligible to compete in any semester. Up to 12 hours earned during the summer may be applied to the 24 hour rule. Summer credits must be earned after one or both of the two immediately previous terms of attendance.
- Upon reaching junior academic standing at St. Thomas, a student-athlete must have attained a cumulative 2.0 grade point average at UST and maintain that average as senior status is attained.
- To play a 3rd season of competition, a student-athlete must have earned at least 48 hours and to play a 4th season must have earned at least 72 hours.
- Repeat Courses: There are special rules for repeat courses, depending on the grade earned as to whether or not it can be counted towards the 24 hour rule. Athletes must check with their respective coaches for clarification.
- The student-athlete must be making normal progress toward a recognized baccalaureate degree and maintain the minimum grade point average as defined by the institution and the NAIA.
- Graduating seniors may not be required to carry 12 hours in the semester in which they graduate. Athletes must check with their respective coaches.
- Any questions regarding eligibility should be referred to the head coach, Faculty Athletics Representative and the Director of Athletics.
- An incoming freshmen must be ruled eligible by the NAIA Eligibility Center before his/her team’s first day of competition. To access the Eligibility Center go to www.playnaia.org.

TRAVEL

Each sport has its individual dress code policy. However, athletic teams represent the University of St. Thomas and must dress and act accordingly. Sloppiness and inappropriate dress will not be tolerated. Good judgment and common sense should prevail in all situations regarding clothing and behavior.

- **No one other than team members are allowed to stay in rooms when teams are on the road. No family members or other guests are allowed to stay in the rooms.**
- **Team members must travel to and from events in transportation provided for them by the University, unless other arrangements are approved by the coach or athletic director. Team members may return home with a parent, pending approval by the coach or athletic director.**
- **Independent travel to and from events and the use of personal vehicles is strongly discouraged. The use of personal vehicles to practice sessions is permitted. Student athletes are required to obtain and maintain at least the legally required limits of automobile liability insurance when driving their personal vehicles to and from practice. The University strongly recommends that students maintain at least the minimum insurance limits of \$100,000/\$300,000 per occurrence for bodily injury and property damage.**
- **Drivers of both university and personal vehicles used in the transport of team members shall have a valid driver's license and must file an approved Driver's Authorization Form with the university.**
- **While on any road trip representing the University, no student-athlete shall have in his/her possession nor consume any alcoholic beverages, illegal drugs or tobacco products of any kind. This is strictly forbidden.**
- **The University is not responsible for any personal items that are lost, stolen or damaged while traveling for intercollegiate events. This is the sole responsibility of the student-athlete and their insurer.**
- **REMEMBER.....YOU ARE A REPRESENTATIVE OF YOUR FAMILY, YOUR TEAM, YOUR COACH AND YOUR UNIVERSITY! ACT ACCORDINGLY!**

ATHLETIC TRAINING

The University of St. Thomas has one part-time Athletic trainer on staff to serve the needs of our student athletes. The department contracts with Memorial Hermann Sports Medicine for athletic training coverage for the entire sports year. An athletic trainer will be at all home contests. In addition, a Memorial Hermann athletic trainer is at the Jerabeck Activity and Athletic Center each day for treatment and rehabilitation.

Each student-athlete is required to have a physical examination, given by our team physicians before they can participate in any game or practice. These physical exams are arranged by each team's head coach, are free to UST student athletes and are good for one year. Permission must be obtained from the athletic trainer if other arrangements are made to be given clearance to compete.

- Decisions regarding athletic injuries and health of athletes are made by University of St. Thomas team physicians or in the absence thereof, the athletic trainer, who determines when the athlete may return to activity and prescribe the level of activity allowed.
- All injuries must be reported to the athletic training staff as soon as possible.
- Athletes should report any and all medications being taken before being administered to by the athletic trainer or team physician. Additionally, team members should never share prescription drugs with teammates or other athletes.
- Do not modify or remove protective gear, pads, etc., prescribed by team physicians or the athletic trainer without clearance from those individuals.
- Adhere to and be respectful of treatment and rehabilitation times – DO NOT be late to or miss these required sessions as instructed by the athletic training staff.
- Athletes should NOT enter the athletic training room in the absence of the athletic training staff and may not remove any supplies or equipment without permission.
- Self-treatment is NOT permitted unless arranged and instructed by the athletic training staff. Be respectful of others - foul and abusive language will NOT be tolerated.
- Use of cellular phones or other electronic devices in the athletic training room are strictly prohibited. Availability of the TV and music are a privilege and will be used at the discretion of the athletic trainer. No food or drinks are allowed except for bottled water or approved sports drinks.
- Shower before treatment if appropriate - muddy/grassy shoes must be removed before entering the athletic training room.
- Return equipment/supplies to their proper location.
- Maintain a neat and clean environment.

ONLINE SOCIAL NETWORKING SITES

The advent of on-line interactive websites such as Facebook, Twitter and Instagram has provided a wonderful opportunity to expand your horizons and meet a wide variety of interesting and engaging people. However, keep in mind the following points if you choose to utilize such sites:

- 1) What is placed on the internet is fair game and quasi-public property – the image and personal identity you create will shape and mold the way in which others perceive you.
- 2) What goes on the internet has the potential to stay on the internet despite removal from your site – cached material is very, very difficult to remove.
- 3) Safety – placing personal information on your site is highly discouraged considering the predatory nature of criminals.
- 4) Potential employers and internship supervisors are now utilizing Facebook and other similar sites to verify the character and behavior of potential employees. Additionally, many graduate programs and scholarship committees now search these sites to screen applicants.
- 5) The freedom to post on-line creates the responsibility to consider the interests of those you represent. As a student-athlete, your on-line actions, words and images will be judged with the same scrutiny as if they are being presented in person to your peers, coaches and the University community.
- 6) Be mindful of the use of cameras. In the digital age, pictures which are degrading and may scar your professional and personal life are literally just a couple mouse clicks away from being available for the entire world to discover.

The Athletics Department advises University of St. Thomas student-athletes to exercise extreme caution in their use of social networking websites. As student-athletes you must abide by the following guidelines while using social networking websites such as, Facebook and MySpace:

- No offensive or inappropriate pictures are posted.
- No offensive or inappropriate comments are posted.
- No information posted on the website(s) and no use of the website(s) violates the personal student code of conduct OR the Celt Code of Conduct.
- Any violation may result in disciplinary action and may jeopardize your athletic scholarship.

Student-athletes should remember that they are ambassadors of University of St. Thomas and are always in the public eye. Content posted by student-athletes at other institutions or even non-athlete students may be unacceptable content for a UST student-athlete. Questions regarding acceptable content should be directed to Director of Athletics.

INSURANCE

The University of St. Thomas will provide an excess insurance plan and the insurer is called a “secondary insurance provider”. St. Thomas will only be responsible for the care of injuries incurred by an athlete during a team’s traditional season, i.e., from the official beginning of practice to the last game of the season, including playoff games beyond the regular season. This includes participation and play/ practice of an intercollegiate sport sponsored by the University of St. Thomas and travel directly to or from play or practice of an intercollegiate sport as a team. One exception is injuries obtained during off-season conditioning of an intercollegiate sport supervised by a member of the coaching staff or athletic trainer.

When an injury occurs, the student athlete must file a claim with his primary insurance provider or any other medical insurance provider with whom the athlete may be insured. Any remaining bill may be submitted to the “secondary insurance provider”. They will cover only the balance of the bill that your insurance company deemed by them as “reasonable and customary”, (R&C). Any charge over the “R&C” charge as determined by your primary insurance company is the patient’s responsibility not UST’s. The secondary insurance provider may not entirely cover the remaining balance. All applicable itemized bills and corresponding records of payment (EOB) or denial of payment must also be submitted to the secondary provider. All paperwork must be submitted to both the primary and secondary insurance providers within 90 days from the date when the injury occurred.

Appointments for medical services relating to athletic injuries must be made through the athletic trainer for the University of St. Thomas athletic insurance coverage to be in effect. Other arrangements must be approved by the athletic trainer or team physician. Any cost associated with medical services not made at the direction of the athletic trainer or team physician, will be the sole financial responsibility of the individual and his/her personal insurance. An insurance claim form (provided by St. Thomas) must be filed with the UST athletic trainer and team doctor for every injury incurred.

A student-athlete must have primary insurance. The student-athlete is responsible for maintaining their primary insurance policy throughout the school year. More information regarding obtaining a suitable insurance plan can be found by contacting your head coach. Any student-athlete who cannot show proof of insurance will not be allowed to participate in any team activities.

Student athletes are also enrolled in a Lifetime Catastrophic Insurance policy that provides benefits for catastrophic injuries.

Some medical conditions which are preexisting to initial participation, or which occur outside of the University athletic participation, are not insured or covered by St. Thomas’s athletic insurance.

Financial and insurance coverage does not exist for new injuries/medical conditions which arise/occur following the last date of competition eligibility in one’s designated sport.

The secondary insurance does not cover general medical illnesses incurred by the student-athlete. Non-athletic illnesses should be handled by student health or one’s primary personal physician and primary insurance coverage.

University of St. Thomas athletic insurance does not cover off-campus, summer workouts or competition or injuries that are not a direct result of official athletic activity.

All athletes must submit the “Emergency/Medical/Insurance form” before they can practice or workout with a team.

2014- 2015 EMERGENCY/MEDICAL/INSURANCE INFORMATION UNIVERSITY OF ST. THOMAS ATHLETICS

(Please Print & Use Black Ink Pen Only)

Sports/Team: _____

Name: _____ SSN: _____

Address (local): _____

City: _____ State: _____ Zip: _____ Phone: _____

Height: _____ Weight: _____ Date of Birth: _____

Father's Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (h): _____ (w) _____ (c) _____

Email: _____

Mother's Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (h): _____ (w) _____ (c) _____

Email: _____

Emergency Name and Number (other than parents):

*****A front and back copy of current insurance ID card must accompany this form*****

Insurance Company: _____

Policy #: _____ Group #: _____

Physical/Medical Conditions Noted (past surgeries): _____

Allergic to Medications: _____

As a parent or legal guardian of _____, I hereby give my consent for him/her to participate in intercollegiate athletics at the University of St. Thomas. I also grant permission for treatment deemed necessary for a condition arising during participation in these activities by the athletic trainer and/or medical doctor. I understand that every effort will be made to contact me in an emergency.

Signature of Parent/Guardian

Graduating Champions of Faith and Character

DRUG USE AND TESTING POLICY

Each year all student-athletes must sign a current **“Acknowledgment and Consent Form”** for the Drug and Controlled Substances Testing Policy for Intercollegiate Athletics before participating in intercollegiate athletics at the University of St. Thomas. This form must be signed before the student-athlete can attend any team practice or compete in any intercollegiate game or scrimmage session for that year. The current version of the Acknowledgment and Consent Form is located at the back of the Student-Athlete Handbook, and it may be amended, with or without notice, at the sole discretion of the University.

The University may conduct unannounced, random drug tests at any time of intercollegiate athletes. Suspicion based drug testing may also be administered to student-athletes who the coaching staff or athletic trainer suspects of abusing alcohol or using a banned or illegal substance.

During a random drug test, one or more student-athletes from any of the intercollegiate teams will be randomly selected for drug testing. Reasonable suspicion drug tests may be administered at the same time as a random drug test or at any other time deemed necessary. The type of test may be urine or saliva with the detection of any banned drug or substance, or alcohol, or for any evidence of tampering with any sample or manipulating any drug or alcohol test as its intent.

Each student-athlete selected to be tested will be notified, in writing, on or before the day of the test by being served with the Student-Athlete Notification Form. This form is to be signed upon receipt, and the time and date of notification will be recorded. A student-athlete’s failure to sign the notification form, failure to arrive at the collection station at or by the designated time without justification, or failure to provide a sample according to protocol is cause for the same action(s) as evidence of use of a banned substance.

A student-athlete testing positive for any banned substance or for illegal or unauthorized use of alcohol may be subject to the following sanctions:

- **First Offense** - A student-athlete who tests positive for the first time as a University of St. Thomas team member will retain eligibility for practice and competition, but must agree and adhere to the following: The athletic director or designee shall notify the athlete’s parent(s) or legal guardian(s) and head coach. The athlete will be responsible to meet with a drug education professional at his/her own expense to establish a program which must be submitted to the athletic director. In addition, the athlete will be automatically tested on the next random testing date.
- **Second Offense** - A student-athlete who tests positive after having previously tested positive while a University of St. Thomas team member will be suspended from the intercollegiate athletic program for the remainder of the academic year. The athletic director or designee will notify the athlete’s parent(s) or legal guardian(s) and head coach. A decision concerning the athlete’s return to the sports program will be determined by the athletic director and the head coach.
- In addition, a student-athlete found in violation of this policy may be subject to further or additional disciplinary action as outlined in the University Student Handbook.

If an athlete believes the facts on which the sanction(s) were based are erroneous, or that the sanction(s) should not be imposed, the athlete may file a written appeal with the athletic director and Vice President for Student Affairs within 15 days after the receipt of the sanction(s). The appeal must include any information that might change the factual findings of the imposed sanction(s). The AD and VPSA will review the information and make a final decision regarding the appeal and will notify the athlete in writing of the decision.

The list of banned-drug classes is comprised of substances that are generally reported to be performance enhancing, potentially harmful to the health and safety of student-athletes and/or illegal. The UST athletic department recognizes that some banned substances are used for legitimate medical purposes. Accordingly, the University may allow an exception to be made for those student-athletes with a documented medical history demonstrating the need for regular use of such a drug. Exceptions may be granted for substances included in the following classes: stimulants, beta blockers, diuretics and peptide hormones. A letter from the treating physician diagnosing and explaining the athlete’s condition, the course of treatment prescribed, the medication prescribed and the dosage of the same must be presented to the athletic director. Also, an analysis of the student-athlete’s ability to safely practice, train and compete in the sport(s) in which the athlete intends to participate is required. All requests for exceptions will be reviewed by the athletic director and athletic trainer whose determination will be final.

The St. Thomas athletic department bans and prohibits the use of substances and methods that alter the integrity and/or validity of urine samples provided during drug testing. This includes urine substitution.

The University of St. Thomas athletic department prohibits the use of alcohol by its student-athletes while they are in the charge of the coaching staff (from the first day of the school year until the final day of class). Athletes are prohibited from possessing, consuming, using, selling or being under the influence of alcohol on school property, on athletic road trips, at school functions and prior to or during athletic practices or competitions. A student-athlete may be subject to the same sanctions detailed for unauthorized drug use.

The Saint Thomas athletic department will retain all test results while the athlete remains at the University. Upon departure, all tests results will be discarded.

The University athletic department will strive to maintain the confidentiality of the results of all positive test results. Only the following persons will be notified of a positive drug test result: the student-athlete, the athletic director, the Vice President for Student Affairs, the head coach of the athlete, the parent(s) or guardian(s) of the athlete and any university counselors or therapists if deemed necessary. The athletic department will not initiate contact with any law enforcement agency and will not disclose the results of any test conducted under these procedures to any law enforcement agency or third party except under valid court order or subpoena.

Nutritional supplements may contain banned substances. The athlete is responsible for knowing the content of any supplements he/she is taking. For questions regarding nutritional supplements, call the National Center for Drug Free Sports Resource Exchange Center at (877) 202-0769.

University of St. Thomas athletic department will use the NCAA Banned Drug List as its guide to list substances not to be used by the student-athlete. That list can be found by going to the NCAA web site for banned substances and drug testing at NCAA Health/Safety/Drug Testing website. The following is a list of general classes for which a student-athlete may be tested.

- Amphetamines (Stimulants - "Uppers")
- Barbiturates (Depressants - "Downers")
- Cannabinoids (Marijuana and derivatives)
- Cocaine Metabolites (Cocaine, Crack and derivatives)
- Benzodiazepines (Sedatives - Sleeping medications)
- Methadone (Narcotic - Analgesic)
- Methaqualone (Hypnotic Sedative - "Quaaludes")
- Opiates (Narcotic - Analgesic)
- Phencyclidine (PCP) (Anesthetic/Hallucinogen - "Angel Dust")
- Propoxyphene (Narcotic - Analgesic)

Any student-athlete, in strict confidence, may advise any coach, athletic trainer, team physician or athletic director that he/she suffers from a drug/alcohol use/abuse problem without fear of jeopardizing his/her athletic eligibility provided:

Such disclosure is full, complete and made freely.

The disclosure is not made in an effort to avoid an impending drug screen.

He/she agrees voluntarily to submit to and complete a counseling and rehabilitation program as designated by University of St. Thomas counselors/therapists if requested to do so by the athletic director.

The athletic department firmly believes and hopes that the implementation of this program will serve to benefit all connected with intercollegiate athletics and the University. In addition, the athletic department believes that the integrity of athletic contests both for the participants and spectators will be protected because of this policy. Ultimately our goal is to educate our student-athletes about the dangers of drug and alcohol abuse in athletics, academics and personal life and promote the physical, mental, emotional and social health of our student-athletes, along with the goals of the University.

UNIVERSITY OF ST. THOMAS ATHLETIC DEPARTMENT STUDENT-ATHLETE DRUG TESTING NOTIFICATION FORM

Dear _____,

You have been selected to undergo a drug and alcohol testing procedure by the University of St. Thomas Athletic Department in accordance with the drug and alcohol testing policy as described in the “Drug Abuse and Testing Policy” of the St. Thomas Student-Athlete Handbook. You must report to the UST Athletic Trainer at the time requested and provide a urine or saliva sample per the tester’s specification.

By signing the “Acknowledgment and Consent Form” you consented to abide by this notification and report as requested. If you fail to comply with this request, you will be afforded sanctions as if the test results are positive.

Presented to,

_____ on ____ / ____ / ____ at ____ : ____ a.m. / p.m.
(Student-Athlete) (Date) (Time)

Todd Smith
Athletic Director

Head Coach (Sport)

.....
For Office Use

Athlete Name: _____ Sport: _____

Trainer: _____ Date: _____ Time: _____

DRUG USE AND TESTING POLICY ACKNOWLEDGMENT AND CONSENT FORM

I acknowledge that I have received and read the University of St. Thomas Student-Athlete Handbook which contains the Drug Use and Testing Policy of the St. Thomas Athletic Department. I have read and understand the policy. I further understand that the *policy* may be amended from time to time, with or without notice, in the sole discretion of the UST Athletic Department. I also understand that pursuant to the *policy*, I may be required to submit to a drug and alcohol test at any time.

Student-Athlete's Name (please print)

Date

Student-Athlete's Signature

Social Security Number

Sport

TALENT RELEASE FORM

I, being of legal age, hereby give the University of St. Thomas, their licensees, successors, legal representatives, faculty, staff, students and assigns (collectively "University of St. Thomas") the absolute and irrevocable permission to use my name, testimonial and/or biographical information and to use, reproduce, adapt, exhibit, publicly display, publish, distribute, and/or publicly perform photography images and/or moving pictures of me with or without my voice, or in which I may be included in whole or in part, photographed, taped, videotaped, and/or recorded for the University of St. Thomas and to distribute without additional approval the same in all forms and media for education, art, advertising, competition of every description and/or any other lawful purpose whatsoever. I also consent to the use of any printed matter in conjunction therewith.

I hereby release, discharge and agree to indemnify, defend and hold harmless St. Thomas from any claims arising out of any blurring, distortion, or alteration, or use in composite form whether intentional or otherwise that may occur or be produced in the making, processing, duplication or displaying of said picture or images, and from liability for violation of any personal or proprietary right that I may have in conjunction with said pictures or images and with the use thereof.

I hereby release, discharge and agree to indemnify, defend and hold harmless St. Thomas for any claims of any sort, including but not limited to claims for copyright infringement or invasion of privacy, brought by any person aggrieved by my use of any media, images, sounds or expression, or any subsequent use thereof by the University of St. Thomas.

AGREED AND ACCEPTED this _____ day of _____, 20_____

Name: _____

Address: _____

Phone#: _____ Email: _____

Signature: _____

University of St. Thomas Representative Signature

HANDBOOK ACKNOWLEDGMENT FORM

I acknowledge that I have received and read the University of St. Thomas Student-Athlete Handbook and agree, as an athlete, to abide by the code of conduct and the rules and regulations found therein. I promise to conduct myself in a manner that represents my teammates, my coaches, my university and my parents at the highest standards and that silence in the face of inappropriate actions or speech is as wrong as the words and deeds themselves.

Student-Athlete's Signature

Date