

# Christopher T. Stanley, PhD, CMPC

## Education

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Loyola University of Chicago Chicago, Illinois  
PhD, Developmental Psychology 2007  
Dissertation: The Moderating Effects of Organized Activities on the Relations Between Body Mass Index and Psychosocial Adjustment in Adolescents

Florida State University Tallahassee, Florida  
MS, Sport & Exercise Psychology 2004  
Thesis: A Comparison of Coping Strategies: Effects Upon Perceived Exertion in a Cycling Task

University of Illinois at Chicago Chicago, Illinois  
BA, Applied Psychology 2001  
Minor: Spanish

## Faculty Positions

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Florida State University – FCRR Tallahassee, FL  
Associate in Research – Quantitative Methodology and Innovation August 2015 – present

Florida Gulf Coast University Fort Myers, FL  
Associate Professor of Psychology August 2014 – May 2017

Winston-Salem State University Winston-Salem, NC  
Associate Professor of Psychology July 2013 – June 2014

Winston-Salem State University Winston-Salem, NC  
Assistant Professor of Psychology July 2007 – May 2013

## Professional Contractual Work and Appointments

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USA Track and Field (USATF) International  
Sport Mental Performance Consultant 2014 – present

- Olympic Games (Tokyo, Japan) July – August 2021
- Indoor World Championships (Nanjing, China) March 2021
- Pan Am Games (Lima, Peru) July – August 2019
- USA vs. Europe Match (Minsk, Belarus) August – September 2019
- U20 World Championships (Tampere, Finland) July 2018
- Junior Pan Am Games (Lima, Peru) July 2017
- U20 World Championships (Bydgoszcz, Poland) July 2016

## Adjunct Faculty Positions

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Florida State University Sport & Exercise Psychology graduate program	Tallahassee, FL Fall 2015 – 2017
Florida State University Osher Lifelong Learning Institute (OLLI)	Tallahassee, FL Fall 2018
University of North Carolina-Greensboro Sport & Exercise Psychology graduate program	Greensboro, NC Spring 2012 – 2014
University of North Carolina-Chapel Hill Friday Center for Continuing Education	Chapel Hill, NC Spring 2012 – 2014
Nevada State College Psychology department (virtual)	Henderson, NV Spring 2012 – present
Wake Forest University Psychology department	Winston-Salem, NC 2008 – 2009
Loyola University – Chicago Psychology department	Chicago, IL 2004 – 2007

## Courses Taught (\*graduate level)

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Statistics in Behavioral Sciences	Lifespan Development	Adolescence
Research Methods	General Psychology	Child Psychology
Sport & Exercise Psychology	Applied Sport Psychology*	Abnormal Psychology
Senior Seminar	Health Psychology	Motor Learning*
Physical Fitness as You Age		

## Online Courses Taught (\*graduate level)

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Statistics & Research Methods*	Psychosocial Development*	General Psychology	Adolescence
Youth Development in Sport*	Cognitive Behavioral Theory & Techniques*	Sport Psychology*	Learning & Behavioral Applications*
Advanced Performance Enhancement*	Exercise & Health Psychology*	Lifespan Development	Learning and Memory*

## Certifications

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Certified Mental Performance Consultant (CMPC) #316 – on registry of approved CMPC mentors  
United States Olympic Committee (USOC) Sport Psychology Registry (2017-2020 Quad)  
United States of America Track & Field (USATF) Level-1 and Level-2 Coaching Certification.

## Publications: Peer-Reviewed Articles

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- Robbins, J.E., Stanley, C.T., Spence, A., & McLamb, B. (2021). Wellness, life satisfaction, and stress among university students and faculty: Campus-based results and program recommendations. *Journal of Physical Education, Recreation, and Dance*, 92, 42-50. doi: 10.1080/07303084.2020.1838363
- Gearin, B., Petscher, Y., Stanley, C.T., Nelson, N., & Fien, H. (2021). Document analysis of state dyslexia legislation suggests likely heterogeneous effects on student and school outcomes. *Learning Disability Quarterly*. doi:10.1177/0731948721991549
- Stanley, C. T. (2020). Quantile regression: Applicability for health, sport, and performance data. *Performance Enhancement and Health*, 8 (1). doi: 10.1016/j.peh.2020.100168
- Rancourt, D., Brauer, A., Palermo, M., Choquette, E.M., & Stanley, C.T. (2020). Recommendations for adapting a comprehensive mental health screening program for broad dissemination. *Journal of Sport Psychology in Action*, 11(1), 57-67. doi:10.1080/21520704.2020.1722770
- Stanley, L.H.K, & Stanley, C.T. (2020). The Trauma Symptom Checklist for young children: A psychometric review. *Journal of Evidence Based Social Work*. doi: 10.1080/26408066.2020.1799892
- Stanley, C.T., Petscher, Y., & Catts, H. (2018). A longitudinal investigation of direct and indirect links between literacy skills in kindergarten and reading comprehension in tenth grade. *Reading and Writing*, 31, 133-153. doi: 10.1007/s11145-017-9777-6.
- Stanley, C.T., & Stanley, L.H.K. (2017). A behavioral change framework of health socialization and identity. *Journal of Physical Education, Recreation, and Dance*, 88, 21-27. doi: 10.1080/07303084.2017.1367744
- Foorman, B.R., Petscher, Y., Stanley, C.T., & Truckenmiller, A. (2017). Latent profiles of reading and language and their association with standardized reading outcomes in kindergarten through tenth grade. *Journal of Research on Educational Effectiveness*, 10(3), 619-645. doi:10.1080/19345747.2016.1237597
- Madrigal, L., Robbins, J., & Stanley, C. (2017). Using regrets to elicit behavior change in student-athletes. *Strategies*, 30, 41-47. doi: 10.1080/08924562.2017.1320250
- Robbins, J.E., Madrigal, L., & Stanley, C.T. (2015). Retrospective remorse: College athletes' reported regrets from a single season. *Journal of Sport Behavior*, 38, 212-233.
- Stanley, C.T., & Robbins, J.E. (2015). The relative salience of sport and exercise psychology in undergraduate course curriculum. *Teaching of Psychology*, 42, 163-168.
- Stanley, C.T., (2014). The mediating role of racial socialization processes on the relations between organized activity involvement and Black racial identity. *Western Journal of Black Studies*, 38, 233-243.
- Robbins, J.E., & Stanley, C.T. (2013). Exploring regret in former athletes: Emotional ramifications of sport specific decisions. *Applied Research in Coaching and Athletics Annual*, 28, 64-96.
- Robbins, J.E., & Stanley, C.T. (2012). Minimizing regret in college athletes: An intervention approach. *International Journal of Sport and Exercise Psychology*, 10, 186-197.

- Stanley, C.T., & Robbins, J.E. (2011). Racial identity and sport: The case of a bi-racial athlete. *The International Journal of Sport and Exercise Psychology*, 9, 64-77.
- Stanley, C.T., & Bohnert, A. (2011). The moderating influence of organized activities on the relations between body mass and psychosocial adjustment in adolescents. *North American Journal of Psychology*, 13, 201-218.
- Robbins, J.E., & Stanley, C.T. (2011, January). Should have's and shouldn't have's. *Soccer Journal*.
- Stanley, C.T., Pargman, D., & Tenenbaum, G. (2007) Effect of attentional coping strategies on perceived exertion in a cycling task. *Journal of Applied Sport Psychology*, 19, 352-363.
- Sacks, D., Petscher, Y., Stanley, C.T., & Tenenbaum, G. (2003). Aggression and violence in sport: Moving beyond the debate. *International Journal of Sport and Exercise Psychology*, 2, 167-179.

### **Publications: Textbook and Book Chapters**

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- Stanley, C.T., & Baghurst, T. (in prep). *Reach every athlete: Coaching athletes with hidden disabilities and sensory impairments*. Jones & Bartlett Learning.
- Stanley, C.T., & Stanley, L.H.K. (2017) *Understanding lifespan development*. (3<sup>rd</sup> Edition) Dubuque, IA: Kendall-Hunt Publishers.
- Stanley, C.T., & Taylor, J. (2019). Impact of parents on young athletes. In J. Taylor (Ed.), *Comprehensive Applied Sport Psychology* (pp. 342-351). London, UK: Routledge.
- Petscher, Y., Stanley, C.T., Gearin, B., & Fien, H. (2019) Statistical considerations for creating, evaluating, and choosing behavioral screening assessments. In J. Washington, D.L. Compton, & P. McCardle (Eds.) *Dyslexia: Revisiting Etiology, Diagnosis, Treatment, and Policy*. Brookes Publishing: Baltimore, MD.
- Stanley, C.T. (2009). Play and learning theory. In R. Carlisle & J. Golson (Eds.). *Play in Today's Society*. Thousand Oaks, CA: Sage.
- Stanley, C.T. (2009). Lev Semyonovich Vygotsky and play. In R. Carlisle & J. Golson (Eds.). *Play in Today's Society*. Thousand Oaks, CA: Sage.

### **Technical Reports**

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- Petscher, Y., Fien, H., Stanley, C., Gearin, B., Gaab, N., Fletcher, J.M., & Johnson, E. (2019). *Screening for Dyslexia*. Washington, DC: U.S. Department of Education, Office of Elementary and Secondary Education, Office of Special Education Programs, National Center on Improving Literacy. Retrieval from <http://improvingliteracy.org>
- Stanley, C., Petscher, Y., & Pentimonti, J. (2019). *Classification accuracy*. Washington, DC: U.S. Department of Education, Office of Elementary and Secondary Education, Office of Special Education Programs, National Center on Improving Literacy. Retrieval from <http://improvingliteracy.org>
- Stanley, C., & Petscher, Y. (2017). *Key considerations in defining Dyslexia*. Washington, DC: U.S. Department of Education, Office of Elementary and Secondary Education, Office of Special Education Programs, National Center on Improving Literacy. Retrieval from [www.improvingliteracy.org](http://www.improvingliteracy.org)

## Conference Presentations (student presenters in bold)

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- Waite, L., & Stanley, C.T. (2020). *Sport psychology services for USATF athletes*. Presentation at USATF annual meeting (virtual).
- Waite, L., Stanley, C.T., Zuleger, B., & Shadle, A. (2020). *Evaluating the athlete's and coach's needs: Preliminary state in building sport psychology service for USATF athletes for the next Olympic cycle*. Panel presented at 2020 Association for Applied Sport Psychology (AASP) conference.
- Stanley, C.T., & Blank, J. (2020). *Dyslexia and sport: Considerations and opportunities for resiliency in sport and educational arenas*. Workshop presented at 2020 International Dyslexia Association (IDA) annual conference.
- Stanley, C.T., & Waite, L., & Rosado, J. (2020). *Mental aspects of sport performance*. Panel for the North America, Central America, and Caribbean Track & Field Coaching Association (NACACTFCA) Virtual Congress.
- Balalque, G., Rosado, J., & Stanley, C.T. (2020). *Panel de psicología del deporte*. Panel for the North America, Central America, and Caribbean Track & Field Coaching Association (NACACTFCA) Congreso Virtual (Spanish version).
- Stanley, C.T., Rancourt, D., Rovtar, K., Nevels, B., & Brauer, A. (2019). *Athlete mental health: Strategies for engaging stakeholders for identification and treatment*. Clinical roundtable presented at the annual Association for Behavioral and Cognitive Therapies (ABCT) conference in Atlanta, GA.
- Owens, R., Sappington, R., Busanich, R., Stanley, C.T., Metzler, J., Ballesteros, J., & Moore, M. (2019). *Red pill, blue pill, purple pill?: The myths and realities of consulting with men and boys in applied SEP settings*. Workshop presented at the Association for Applied Sport Psychology (AASP) annual conference in Portland, OR.
- Stanley, C.T., & Petscher, Y. (2019). *Screening for Dyslexia and early reading difficulties*. Research Symposium presented at the International Dyslexia Association (IDA) annual conference in Portland, OR.
- Mac Intosh, A., Stanley, C.T., & Williams, C. (2019). *Athlete activism and leadership: A program using sport to combat racism*. Workshop presented at the American Psychological Association (APA) convention (Chicago, IL).
- Stanley, C.T., Lawrence, N., McCann, S., & Statler, T. (2018). *Mental skills for youth track and field athletes*. Lecture given at the United States of America Track and Field (USATF) convention in Columbus, OH.
- Owens, R., Stanley, C.T., Gunter, K., Fisher, L., Wells, D., Bonikowsky, S., & Bailey, G. (2018). *Serving the spirit in applied sport and exercise psychology settings*. Panel presented at the Association for Applied Sport Psychology (AASP) annual conference in Toronto, ON.
- Stanley, C.T., Lawrence, N., Waite, L., & **Alvarez-Alvarado, S.** (2018). *Making the most of our time: Applied considerations and brief contact interventions in time-limited sport contexts*. Workshop presented at the Association for Applied Sport Psychology (AASP) conference in Toronto, ON.
- Fusco, C., **Greedy, A.**, Halbrook, M., Larsen, L., & Stanley, C. (2018). *Inclusivity for LGBTQ+ athletes: The importance and impact of direct equity initiatives in sport contexts*. Panel presented at the Association for Applied Sport Psychology (AASP) annual conference in Toronto, ON.
- Nice, J., & Stanley, C.T. (2018). *Engaging literacy: A collaboration between the National Center on Improving Literacy and the Florida Department of Juvenile Justice*. Panel presented at the Educational Strategies and Student Engagement Institute (ESSEI) conference in Orlando, FL.

- Stanley, C.T. (2017). *Sport performance tools for the coach and athlete: A mental toughness framework*. Invited lecture given at the North America, Central America, and Caribbean Track and Field Coaches Association Congress at the Pan American U20 Championships in Trujillo, Peru.
- Stanley, C.T. (2017). *Broadening coverage of Sport and Exercise Psychology in academic and applied settings*. Lecture given at the AASP-HBCU conference at Morehouse College in Atlanta, GA.
- Balague, G., Stanley, C.T., McCann, S., & Statler, T. (2016). *Sport psychology: Rio Olympics Recap/Mindfulness*. Lecture given at the United States of America Track and Field (USATF) convention in Orlando, FL.
- Madrigal, L., Robbins, J., Stanley, C., **Tharkur, A., & Wang, Y.** (2016). *Using regret aversion in sport psychology practice*. Workshop presented at the Association for Applied Sport Psychology (AASP) annual conference in Phoenix, AZ.
- Balague, G., Stanley, C.T., Fink, C., & Statler, T. (2015). *Sport psychology: Controlling your Olympic moment – start preparing now!* Lecture given at the United States of America Track and Field (USATF) convention in Houston, TX.
- Stanley, C.T. (2015). *The interdisciplinary nature of sport and exercise psychology as it relates to undergraduate psychology courses*. Participant Idea Exchange presented at the *National Institute of Teaching* (NITOP) conference in St. Petersburg, FL.
- Stanley, C.T., Robbins, J.E., & **Evans, I.** (2014). *The relative salience of sport and exercise psychology in undergraduate curricula*. Poster presented at the Association for Applied Sport Psychology (AASP) annual conference in Las Vegas, NV (October, 2014).
- Robbins, J., Madrigal, L., & Stanley, C. (2014). *Looking back I regret: College athletes' reported regrets from a single season*. North Atlantic Sport Psychology (NASP) Conference: Philadelphia, PA.
- Stanley, C.T., Robbins, J., **Bennett, M., Faczewski, K., Haas, M. Hebard, S., Lee, B., Owens, & Williams, L.** (2013). *Applied sport and exercise psychology with older children and pre-adolescents*. Workshop presented at the Association for Applied Sport Psychology (AASP) annual conference in New Orleans, LA (October, 2013)
- Stanley, C.T., Robbins, J., **Bennett, M., Faczewski, K., Haas, M. Hebard, S., Lee, B., Owens, & Williams, L.** (2013). *Concurrent consideration of identity and team cohesion in sport contexts*. Workshop presented at the Association for Applied Sport Psychology (AASP) annual conference in New Orleans, LA (October, 2013)
- Stanley, C.T., McAuley, P., Pittsley, J., Ricks, S., & Robbins, J. (2013). *Links between parental education, parenting style, media usage, and GPA*. Poster presented at the Association for Psychological Sciences (APS) convention in Washington, DC.
- Robbins, J. & Stanley, C.T. (2013). *Youth sport parents: What to do when "father (or mother) knows best."* Workshop presented at the American Alliance of Health, Physical Education, Recreation and Dance (AAHPERD) conference in Charlotte, NC.
- Stanley, C.T. (2013). *Family matters: Theory and research leading to a health socialization hypothesis*. Lecture given at the Northeast Atlantic Sport Psychology (NASP) Conference: Temple University, Philadelphia, PA.
- Carter, K.J.** & Stanley, C.T. (2013). *Links between athletic participation, motivational style, and substance use in college students*. Poster presented at the Northeast Atlantic Sport Psychology (NASP) conference at Temple University, Philadelphia, PA.
- Stanley, C.T. (2013). *Sense of self in social contexts*. Lecture given at the SPEAR conference hosted by the College of Education at Florida State University, Tallahassee, FL.

- Stanley, C.T. **Aguilera, C. & Johnson, S.** (2012). *The relations between racial socialization and racial identity: A structural equation analysis*. Poster presented at the American Psychological Association (APA) Conference, Orlando, FL.
- Stanley, C.T. (2011). *Health behaviors of mother-daughter dyads: A project update*. Project update given at the annual meeting of the Research Network for Historically Black Colleges and Universities, Nashville, TN.
- Stanley, C.T. & Robbins, J.E. (2010). *The mediating effects of racial socialization on the links between activity involvement and racial identity in Black adolescents*. Poster presented at the Society for Research on Adolescence (SRA) Biennial Conference, Philadelphia, PA.
- Robbins, J.E., & Stanley, C.T. (2010). *Regret in sport: An experimental study of female collegiate athletes*. Poster presented at the Association for Applied Sport Psychology (AASP) Annual Conference, Providence, RI.
- Stanley, C.T. & Robbins, J.E. (2009). *Health behaviors of inactive African-American mother-daughter dyads*. Poster presented at the National Health Disparities Conference, Winston-Salem, NC.
- Booth, T.T.** & Stanley, C.T. (2009). *Food and mood: The immediate impact the food intake on mood states*. Presentation given at Scholarship Day at Winston-Salem State University, Winston-Salem, NC.
- Stanley, C.T. & Robbins, J.E. (2008). *Exercise psychology: Working with inactive populations*. Workshop presented at the Association for Applied Sport Psychology (AASP) Annual Conference, St. Louis, MO.
- Stanley, C.T. & Robbins, J.E. (2008). *Racial identity and sport*. Paper presented at the American Psychological Association (Div. 47) Annual Conference, Boston, MA.
- Stanley, C.T. & Bohnert, A. (2008). *The moderating influence of organized activities on the relations between body mass and psychosocial adjustment in adolescents*. Paper presented at the American Psychological Association (Div. 8) Annual Conference, Boston, MA
- Davidson, D. Stanley, C. T., & Dunkel, T. M. (2006). *The role of emotion in the recall of scripted text*. Paper presented at the Society for Text and Discourse, Minneapolis, MN.
- Davidson, D., Ugarte, M., Stanley, C. T. (2005). *Children's recall of basic, self-conscious, and self-conscious evaluative emotions from stories*. Paper presented at the Cognitive Development Society Meeting, San Diego, CA.

### **Grant Writing Record**

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Grantor: Association for Applied Sport Psychology Research Grant (2019)

Project: Evaluating athletes' needs: Building Sport Psychology services for the next Olympics.

Amount requested: \$3,500.00

Amount received: \$3,500.00

Grantor: Association for Applied Sport Psychology Regional Conference Grant (2017)

Project: AASP-HBCU Regional Diversity Conference at Florida A & M University

Amount requested: \$500.00

Amount received: \$500.00

Grantor: National Collegiate Athletic Association (2015)

Project: NCAA Innovations in Research and Practice: Student-Athlete Lifestyle Management at FGCU

Amount requested: \$46, 872.90

Amount received: not funded

Grantor: National Science Foundation (2015)  
Project: Research Experience for Undergraduate Students (REU) in Academic Learning Contexts  
Amount requested: \$350,999.00  
Amount received: not funded

Grantor (year): Provost's Office, WSSU (2010)  
Project: Funds to support summer continuation of Targeted Infusion Grant (TIG)  
Amount received: \$6,000.00

Grantor: National Science Foundation (2009)  
Project: Targeted Infusion Grant (TIG) to implement an emphasis in statistics within the existing mathematics program  
Amount requested: \$163, 221.00  
Amount received: \$163, 221.00

Grantor: National Science Foundation (2009)  
Project: Goal setting and academic success in minority students  
Amount requested: \$450, 000.00  
Amount received: not funded

Grantor: Research Network for Historically Black Colleges and Universities (2008)  
Project: Familial factors and health behaviors in adolescents at-risk for excess weight  
Amount requested: \$1,200.00  
Amount received: \$1,200.00

Grantor: Research Initiation Program, Winston-Salem State University (2008)  
Project: Familial factors and health behaviors in adolescents at-risk for excess weight  
Amount requested: \$10,000.00  
Amount received: \$8,500.00

### **Dissertations Chaired**

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- Henning, M. (2017). *Framework, application and need for tailored nutrition curriculum programs for high school female athletes*. University of the Rockies.
- Turnbaugh, E. (2016). *The causes of conflict between parents and coaches in youth sports: An exploratory study*. University of the Rockies.
- Cella, L. (2015). *Utilizing the 80-20 rule to improve youth football coaching and performance*. University of the Rockies.

### **Service Activities**

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- Board Member (Education & Lecture Series): Gulf Winds Track Club (2018-2020)
- Editorial Board: Performance Enhancement and Health (2018-present)
- Editorial Board: Journal of Adolescent and Family Health (2017-present)
- Faculty Advisor: HBCU-AASP Regional Diversity Conference at Florida A & M University (2017-2018)
- FGCU Mission Statement and Strategic Planning Committee (2014-2015)
- AASP Student Development Committee (2012-2014)
- AASP Hospitality Committee (2011-2014)
- WSSU Institutional Review Board (2013-2014)
- WSSU Tenure & Promotion Workshop Panel offered by CETL (Spring, 2013)
- WSSU College of Arts and Sciences Awards Committee Member (2013-2014)
- WSSU Scholarship Day Committee Member (2013-2014)
- WSSU Faculty Senate Committee Member (2011-2014)
- Brenner Fit Collaborative Group; Wake Forest Baptist Children's Hospital (2007–2009)
- WSSU New Faculty Hiring Committee (2009-2014)



- WSSU Grade Appeal Committee (2009)
- WSSU General Psychology Coordinator (2008-2012)
- WSSU SONA system administrator (2008-2012)
- WSSU Undergraduate Research Conference Planning Committee (2007-09)
- Volunteer: Chicago Marathon (1997-2000, 2004-2006)
- Volunteer: Rush-Presbyterian St. Luke's Hospital Child-Life Program (1998–2001)

### **Invited Interviews, Lectures, and Webinars**

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- *Developing Mental Skills* (2020, July). NACAC Continuing Coaches Education Programme.
- *Positive Attributes of Elite Coaching* (2019, December). IAAF/USATF Coaching Academy at IMG
- *Road to the Podium Using Sport Psychology* (2019, December). IAAF/USATF Coaching Academy
- Lacke, S. (2018, November). Triathlons and personality. *Triathlete Magazine*.
- Sendler, D. (2018, August). How a Sport Psychologist can help your game. *Gulfshore Life Magazine*.
- Mull, C. (2017, Feb 24). Terrance Laird: The lion within. *MileSplit*.
- Dorsey, D. (2016, Aug. 16). Passion and flair abound among the best fans. *Fort Myers News Press*.
- Mull, C. (2016, May 6). Estero's championship relay team still healing after Sommer's death. *Fort Myers News Press*.
- Henry, J. (2014, Dec. 6). From Heisman Trophy winner to case study. *Tallahassee Democrat*.
- Moss, M.R. (2013, Feb. 3). Shootings spark debate on video game violence. *Winston-Salem Journal*.
- Fleet Feet, Mental training for advanced distance runners (Fall 2010)
- Fleet Feet, Mental training for beginning runners and walkers (Fall 2010)
- Momentum Chicago, Mental preparation for the Chicago Marathon (Summer 2006).
- Chicago Fit, Goal-setting for distance running (Fall 2006).
- Marathon Minutes, Mental preparation for the latter stages of the Chicago Marathon (Spring 2006).

### **Honors, Awards, and Accomplishments**

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- Florida Gulf Coast University Author Series Honoree (April, 2017)
- Ultra 50-kilometer finisher (Tallahassee, 2018)
- Marathon finisher (Tampa 2004; Richmond 2008; Baltimore 2009; Raleigh 2009, 2010; Chicago 2011, 2018, 2019; Marine Corps 2012; New York 2016)
- Mulcahy Health Sciences Scholarship (2005-2007)
- All-Midwestern Collegiate Conference Academic & Athletic (1999-2001)
- All-American Scholar (1998-2001)
- Thomas Beckham Memorial Award Recipient (1999, 2000)

### **Professional Memberships**

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- Member: American Psychological Association (APA)
- Member: Association for Applied Sport Psychology (AASP)

### **Additional Professional Experiences**

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USATF Sport Sciences Medical Staff Sport Psychology	International 2014 – present
Winston-Salem State University Sport Psychology Consultant	Winston-Salem, NC 2008 – 2014
Loyola University Athletics Sport Psychology Consultant	Chicago 2004 – 2007
University of Illinois-Chicago Assistant Coach, Cross Country/Track & Field	Chicago, IL 2004 – 2007

Florida State University Athletics  
Sport Psychology Consultant

Tallahassee, FL  
2002 – 2004

Hi-Five Youth Sports Camp  
Assistant Director

Chicago, IL  
2004 – 2006

Florida A & M University  
Volunteer Assistant Coach, Track & Field

Tallahassee, FL  
2002 – 2004

Big Bend Hospice  
Child and Adolescent Grief Support Counselor

Tallahassee, FL  
2002 – 2004