

UST School of Education & Human Services

Master of Science in Clinical Mental Health Counseling

The Master of Science (M.S.) program in Clinical Mental Health Counseling at UST is designed to develop mental health leaders to serve the community as licensed professional counselors (LPCs). Our program upholds the highest standards of ethical, legal, and professional conduct; evidence-based clinical practice; social and cultural diversity; social justice and the dignity of all persons; and the ongoing dialog between faith and reason.

What to Expect:

- Develop competencies to succeed as an ethical, caring, and effective counselor.
- Meet the educational requirements for licensure as an LPC in Texas.
- Learn from experienced mental health professionals.
- Thrive in small classes that provide personal attention.
- Excel in courses in counseling theories; professional practice and ethics; human growth and development; human diversity; spiritual and religious themes in counseling; counseling couples, families; groups; and addictions and recovery.
- Complete four semesters (700+ hours) of supervised clinical experience in the Houston community.

Full-time & Half-time Options

The full-time schedule follows an intense schedule. This track is completed in two consecutive calendar years, with four classes in the fall, four in the spring and two in the summer terms. You attend classes two days per week. The half-time schedule follows a less intense schedule and is completed in four consecutive calendar years by coming to campus one day each week.

Small Face-to-Face Class Sizes

CMHC courses are offered in a face-to-face format. Small classes allow personal attention from professors who can dedicate more time to you and your professional development. Professors know you by name, and dedicated staff offer the support and services you need to guide you to your degree. We want you to learn and succeed.

Faculty members are practicing mental health professionals who serve clients outside the University, so we focus on real-world application of classroom concepts to client care.

Social Justice Tenets

The M.S. in CMHC places particular emphasis on promotion of the common good, human dignity and equality of all persons, and the solidarity and preferential protection for the poor and vulnerable. As professional counselors, social justice principles play a pivotal role in daily practice.



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Admission Requirements

Admission decisions are based on a combination of your undergraduate GPA, essay, letters of recommendation and personal interview with a faculty member from the program.

Application Checklist

All materials listed should be submitted to the Office of Admissions.

- Completed application form
- Official transcripts from all institutions attended
- 2 letters of recommendation
- Essay (3-5 page double spaced personal narrative essay discussing how your life experiences have led you to pursue a graduate degree in counseling. What would you like to do when you graduate?)
- GRE required if undergraduate and last 60 GPA is below 3.0

International Applicants:

- Transcript evaluation from an approved evaluation service.
 - SDR Educational Consultants
 - World Education Services (WES)
 - Spantran
- Official proof of English proficiency through one the following:
 - IELTS score of 7.0 or higher
 - TOEFL iBT score of 100 or higher
 - Pearson PTE Academic score of 68 or higher
 - ELS Level 112

Application Deadlines

Fall Priority Deadline – March 15. Applications received after this date will be reviewed on a space-available basis.

Program Information

To attend an information session or learn more about the Master of Science in Clinical Mental Health Counseling, contact our team at:
cmhc@stthom.edu
713-525-6950