



UNIVERSITY OF ST. THOMAS HOUSTON

Clinical Mental Health Counseling Program Outcomes for 2018-2019

During the 2018-2019 academic year the University of St. Thomas Clinical Mental Health Counseling Program had a total of 54 students enrolled in the program. Our graduates consistently achieve high pass rates on licensing and certification examinations. Our 2019 (April) National Counselor Examination (NCE) pass rate was 95.5%. During spring 2019, we had 24 student sit for the CPCE. The average UST CMHC student score was 10.5 and the national average was 10.66 for that test administration.

Students are admitted to the CMHC program as either full-time or part-time students. The following percentages detail the average completion rates. The expected graduation time frame is 2-4 years depending on full time or part time graduate student status. Of those students who enrolled in the program during fall 2017 (Cohort D) and completed the program in August 2019, 71% graduated within two years of starting the program. Students who are part-time are still in the program and completing their coursework.

Each graduate from the CMHC program is sent a recent graduate survey once they have completed the program. The survey requests feedback about the program, training provided, and current employment within the counseling field. Seventy-seven surveys were sent out to all alumni from the CMHC program. Twelve graduates responded to the survey request. The low response rate was attributed to several factors. One factor was that the Texas licensure board was severely delayed in issuing LPC-Intern licenses over the past two years. This caused significant licensure and employment delays for CMHC graduates and others around the state. Per self-report, 100% reported feeling very well prepared to perform the necessary duties of a counselor; 100% reported feeling very well prepared to provide competent conceptualization of clients; 80% reported well prepared to effectively integrate knowledge and theory into practice; 100% reported feeling moderately to extremely satisfied with their knowledge and skill in counseling upon graduation. Of those who provided employment information, six are currently licensed as LPC-Interns in Texas, one is employed as a wellness coach, and one is working outside the counseling profession. Employment settings of our graduates included clinical mental health counseling agencies and organizations, psychiatric hospitals, counseling clinics, and private practice.