



UNIVERSITY OF ST. THOMAS

Resources

- **[COVID-19 Self-assessment](#)**
This COVID-19 self-assessment has been developed by the CDC, FEMA and the White House. You should always consult with your health care provider and follow your provider's recommendations, including their recommendation on testing.
- **[Harris County Public Health COVID-19 website](#)**
- **[Texas Department of State Health Services COVID-19 website](#)**
- **[Centers for Disease Control and Prevention COVID-19 website](#)**
- **[Occupational Safety and Health Administration COVID-19 website](#)**
This includes the guide, "Preparing Workplaces for COVID-19 NEW (OSHA 3990 - 2020)"
- **[Office of the Texas Governor website, "Texans Helping Texans: The Governor's Report to Open Texas":](#)**

<http://stthom.edu/stayhealthy>