



UNIVERSITY OF
ST. THOMAS
HOUSTON

MASTER OF ARTS IN APPLIED SPORT AND PERFORMANCE PSYCHOLOGY - DEGREE PLAN

The degree requires completion of 36 credit hours with an overall grade point average of “B” (3.0 GPA) or better. Twenty-four (24) credit hours are within the PSYC core and twelve (12) credit hours are within the Secondary Core Electives.

CORE COURSES (24 SEMESTER HOURS)

PSYC 5110	Designing Mental Skills Training
PSYC 5345	Applied Sports and Performance Psychology
PSYC 5355	Professional Ethics and Standards
PSYC 5333	Counseling and Psychotherapy
PSYC 5115	Group Performance Interventions
PSYC 6345	Research and Program Evaluation in Sport and Performance Psychology
PSYC 6330	Diversity and Cultural Considerations in Helping Relationships
PSYC 6105	Field Problems in Sport and Performance Psychology
PSYC 6355	Practicum
PSYC 6399	Capstone

SECONDARY CORE ELECTIVES (12 SEMESTER HOURS – SELECT 4 COURSES)

PSYC 5337	Abnormal Psychology
PSYC 5339	Human Growth and Development
PSYC 5341	Theories of Personality
PSYC 6333	Industrial Psychology
PSYC 5352	Health Psychology
PSYC 6193/6293/6393/6493	– Special Topics in Psychology
PSYC 6342	Psychology of Adolescent
PSYC 6392	Independent Study
MBA 5322	Organizational Behavior
MSDS 5311	Introduction to Data Analytics
MBA 5325	Ethical and Moral Business Management
EDUC 5315	Instructional Leadership
EDUC 5352	Leadership for Curriculum Plan Development