

Safety Week Fall 2023 - Cyberbullying

Cyberbullying includes sending, posting, or sharing negative, harmful, false, or mean content about someone else. It can include sharing personal or private information about someone else causing embarrassment or humiliation.

Statistics:

- In one study, 22 percent of college students surveyed had experienced some form of cyberbullying while 38 percent knew someone who'd been cyberbullied. Additionally, nine percent of students polled admitted to having cyberbullied someone else.

How to Help:

- Promote an accepted and inclusive campus climate. People who feel connected within the campus have been found to be more willing to report threats and bullying behaviors on campus.
- Talk about cyberbullying and how to report it.
- Use technology safely and effectively, such as changing passwords frequently, printing out evidence of cyberbullying as it happens, and reporting instances of bullying to the proper authorities.
- People should talk to someone they trust if they or someone they know is being bullied.
- Model respectful, empathetic behavior to all people in all settings.