



UNIVERSITY of ST. THOMAS

Educating Leaders of Faith and Character

HOUSTON

MASTER OF SCIENCE IN CLINICAL MENTAL HEALTH COUNSELING

DEGREE PLAN

Required Courses

Course Number	Title	Credit Hours
CMHC 5300	Introduction to Clinical Mental Health Counseling	3
CMHC 5305	Helping Relationships	3
CMHC 5310	Counseling Theories	3
CMHC 5315	Ethical, Legal & Professional Issues	3
CMHC 5320	Human Growth & Development	3
CMHC 5325	Psychopathology & Atypical Behavior	3
CMHC 5330	Research Foundations	3
CMHC 5335	Appraisal & Assessment Techniques	3
CMHC 6300	Human Diversity	3
CMHC 6305	Spiritual & Religious Themes in Counseling	3
CMHC 6310	Counseling Couples & Families	3
CMHC 6315	Group Counseling	3
CMHC 6320	Addictions & Recovery	3
CMHC 6325	Lifestyle & Career Development	3
CMHC 6330	Program Evaluation	3
CMHC 6335	Practicum I/Crisis Intervention	3
CMHC 6340	Practicum II	3
CMHC 6345	Practicum III	3
CMHC 6350	Practicum IV	3
CMHC 6355	Counseling & Social Justice	3

Elective Courses

Course Number	Title	Credit Hours
CMHC 6370	Research Thesis I: Counseling	3
CMHC 6375	Research Thesis II: Counseling	3