



UNIVERSITY OF
ST. THOMAS
HOUSTON

MASTER OF SCIENCE IN CLINICAL MENTAL HEALTH COUNSELING

DEGREE PLAN

Required Courses

Course Number	Title	Credit Hours
CMHC 5300	Introduction to Clinical Mental Health Counseling	3
CMHC 5305	Helping Relationships	3
CMHC 5310	Counseling Theories	3
CMHC 5315	Ethical, Legal & Professional Issues	3
CMHC 5320	Human Growth & Development	3
CMHC 5325	Psychopathology & Atypical Behavior	3
CMHC 5330	Research Foundations	3
CMHC 5335	Appraisal & Assessment Techniques	3
CMHC 6300	Human Diversity	3
CMHC 6305	Spiritual & Religious Themes in Counseling	3
CMHC 6310	Counseling Couples & Families	3
CMHC 6315	Group Counseling	3
CMHC 6320	Addictions & Recovery	3
CMHC 6325	Lifestyle & Career Development	3
CMHC 6330	Program Evaluation	3
CMHC 6335	Practicum I/Crisis Intervention	3
CMHC 6340	Practicum II	3
CMHC 6345	Practicum III	3
CMHC 6350	Practicum IV	3
CMHC 6355	Counseling & Social Justice	3

Elective Courses

Course Number	Title	Credit Hours
CMHC 6370	Research Thesis I: Counseling	3
CMHC 6375	Research Thesis II: Counseling	3